



## MAJOR BIBLE THEMES The Sabbath and the Lord's Day

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OUTLINE

### THE SABBATH DAY

- WHAT DOES IT MEAN ?
- WHEN WAS IT INSTITUTED ?
- WHO WAS IT GIVEN TO ?
- SHOULD YOU OBSERVE IT ?

### GOD'S REST

- DOES GOD HAVE A REST FOR
- ISRAEL ?
- THE CHURCH ?

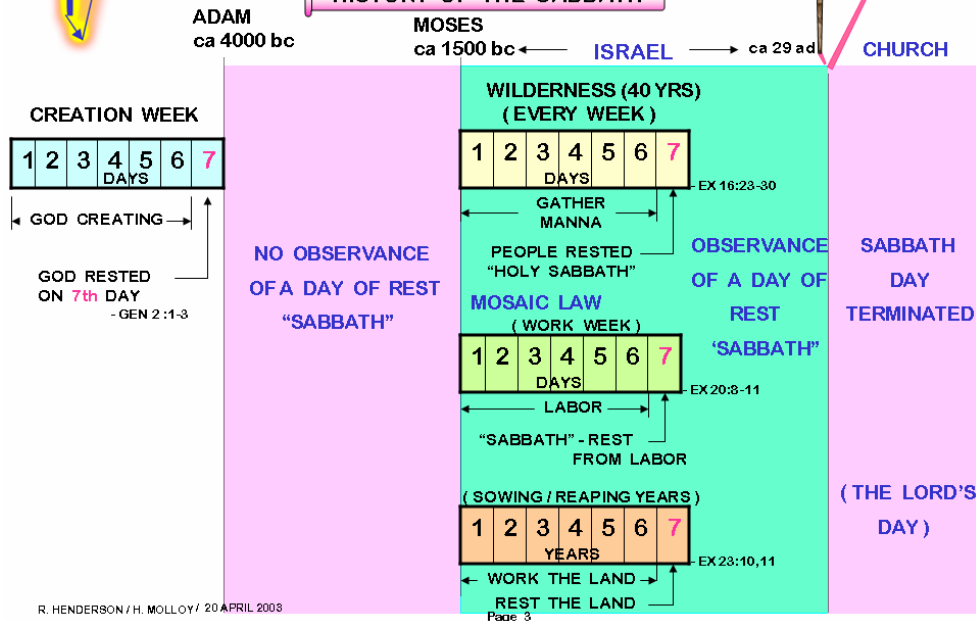
### THE LORD'S DAY

- IS THIS THE CHRISTIAN SABBATH ?
- WHY IS THIS THE 1st DAY OF THE WEEK ?
- IS THERE SOMETHING SPECIAL YOU ARE TO DO ?



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HISTORY OF THE SABBATH



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THE SABBATH DAY

### • WHAT DOES SABBATH MEAN ?

- "SABBATH" (HEB: SHABBATH) = TO REST FROM LABOR, CESSATION
- OBSERVE: THE HEBREW WORD FOR SEVEN IS "SHEBA" (A DERIVATIVE)
- A SABBATH IS A REST OR REFRAIN BY SOMEONE OR SOMETHING FROM A CERTAIN ACTIVITY - EXAMPLE:
- GOD "RESTED" ON THE 7th DAY OR CEASED HIS CREATIVE WORK - GEN 2:1-3
- HE DIDN'T NEED TO TAKE A BREAK - HIS WORK WAS PERFECT & COMPLETE

### • WHEN WAS THE SABBATH INSTITUTED ?

- **THE FIRST OCCURRENCE WAS TO ISRAEL IN THE WILDERNESS** - EX 16:23-30
  - IT WAS JUST PRIOR TO GOD GIVING MOSES THE LAW
  - GOD STARTED TO PROVIDE MANNA FOR 6 DAYS (DOUBLE PORTION ON 6th DAY)
  - ISRAEL WAS TO REST AND NOT GATHER MANNA ON THE 7th DAY
  - GOD CALLED THIS DAY: "REST OF THE HOLY SABBATH"
  - GOD IN HIS FAITHFULNESS SUPPLIED ISRAEL MANNA FOR 40 YEARS
- **THE MOSAIC LAW INSTITUTED THE "SABBATH DAY"** - EX 20:8-11; 31:12-17
  - MAN, HIS HOUSEHOLD & CATTLE ARE TO WORK 6 DAYS & REST ON THE 7th
  - THE PATTERN WAS ACCORDING TO GOD'S CREATION WEEK
    - GOD MADE HEAVEN & EARTH IN 6 DAYS & RESTED IN THE 7th DAY
    - NOTE: THIS CONFIRMS THAT A CREATION DAY WAS A LITERAL 24 HOUR DAY
  - THE 7th DAY WAS SATURDAY - THE SABBATH
- **THE MOSAIC LAW ALSO INSTITUTED A SABBATH YEAR** - EX 23:10,11; LEV 25:2-7
  - THE SABBATH YEAR WAS FOR THE LAND
  - THEY WERE TO SOW & REAP FOR 6 YEARS & REST THE LAND ON THE 7th YEAR



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**THE SABBATH DAY**

**QUESTIONS ABOUT THE SABBATH :**

1. **IS THE SABBATH A DAY OF WORSHIP ?**
  - ISRAEL WAS NOT COMMANDED TO WORSHIP ON THE SABBATH - IT BECAME A CUSTOM
  - THE SABBATH DAY WAS SIMPLY CESSATION OR REST FROM LABOR
2. **DID CHRIST KEEP THE SABBATH ?**
  - CHRIST WAS FAITHFUL TO THE ENTIRE LAW, SABBATH INCLUDED - MT 5:17
3. **HOW WAS THE SABBATH DISTORTED ?**
  - THE JEWS DISTORTED THE INTENT OF THE SABBATH BY RESTRICTING MAN
  - CHRIST CORRECTED THEIR ERROR, HE TOLD THEM : - MK 2:27,28
    - "THE SABBATH WAS MADE FOR MAN & NOT MAN FOR THE SABBATH"
    - "THE SON OF MAN IS LORD ALSO OF THE SABBATH"
  - JEWS' ACCUSATION : "JESUS IS A SINNER & BREAKS THE SABBATH BY HEALING"
    - CHRIST CORRECTED THEIR ERROR - HE KEEPS ON HEALING ! - JN 5:1-16
    - CHRIST HEALS THE MAN LAME FOR 38 YEARS ON THE SABBATH - MT 12:9-14
    - CHRIST HEALS THE MAN'S PARALYZED HAND ON THE SABBATH - JN 9:1-16
    - CHRIST HEALS THE MAN BORN BLIND ON THE SABBATH
  - THE JEWS HYPOCRISY:
    - MOST CONCERNED ABOUT RULES & NO JOY IN THE HEALINGS
    - THEIR HEARTS FULL OF HATRED TOWARD CHRIST
    - THIS IS THE EPITOME OF MAN'S RELIGION



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**THE SABBATH DAY**

**QUESTIONS ABOUT THE SABBATH :**

4. **SHOULD I OBSERVE THE SABBATH ?**
  - THE SABBATH (PART OF THE MOSAIC LAW) WAS GIVEN TO ISRAEL ONLY !
    - IT WAS A SIGN BETWEEN JEHOVAH & ISRAEL
    - IT WAS A SIN IF ISRAEL DIDN'T KEEP THE SABBATH
  - HOWEVER THE SABBATH WAS TERMINATED AT THE CROSS
  - KEEPING THE SABBATH IS THE ONLY COMMANDMENT OF THE TEN THAT IS NOT A COMMAND IN THE NEW TESTAMENT
  - THE BELIEVER IS NOT TO OBSERVE DAYS - GAL 4:9,10
  - THE BELIEVER IS NOT TO BE JUDGED WITH RESPECT TO A SABBATH DAY - COL 2:16,17



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**GOD'S REST**

- **GOD HAD PROVIDED A REST FOR ISRAEL !** - HEB 3:7-19
  - HOWEVER ISRAEL FAILED TO ENTER INTO GOD'S REST
  - GOD PROVIDED THEM A LAND (CANAAN) AS A PHYSICAL REST
  - FROM EGYPT TO CANAAN - ISRAEL MURMURED, COMPLAINED, AND HARDENED THEIR HEARTS TOWARD GOD
  - THEIR WILDERNESS JOURNEY WAS ONE OF SIN AND UNBELIEF
  - GOD SWORE IN HIS WRATH THAT THE OLDER GENERATION THAT CAME OUT OF EGYPT WOULD NOT ENTER HIS REST (CANAAN)
- **GOD HAS PROVIDED A REST FOR YOU PERSONALLY** - HEB 4:9-16
  - GOD HAS PROVIDED YOU A SPIRITUAL REST - IT IS HIS REST
  - IN HIS REST YOU CEASE FROM YOUR OWN WORKS (BUT NOT FROM HIS WORKS)
  - YOU ENTER HIS REST BY FAITH (THE OBJECT IS CHRIST)
  - IN HIS REST YOU FIND MERCY (COMPASSION), GRACE & PEACE
  - BE DILIGENT TO ENTER HIS REST OTHERWISE YOU WILL BE IN A STATE OF UNREST WITH THE SELF LIFE - ISRAEL IS OUR EXAMPLE
  - CHRIST SAYS TO YOU : "COME UNTO ME, ALL YOU THAT LABOR AND ARE HEAVY LADEN, AND I WILL GIVE YOU REST" - ( MT 11:28 )



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**THE LORD'S DAY**

- **WHY CELEBRATE THE LORD'S DAY (SUNDAY - THE 1st DAY) ?**
  - CHRIST WAS RESURRECTED FROM THE DEAD ON THE 1st DAY - JN 20:1-10
  - SIGNIFICANCE OF THE RESURRECTION TO YOU PERSONALLY
    - YOU ARE NO LONGER IN YOUR SINS - 1 COR 15:17; 1 JN 2:2
    - IT IS THE BASIS BY WHICH GOD:
      - IMPUTES HIS RIGHTEOUSNESS TO YOU - ROM 4:24,25
      - APPROPRIATES HIS POWER TO YOU - EPH 1:19,20; PHIL 3:10
      - IDENTIFIES YOU WITH CHRIST & RAISES YOU TO NEWNESS OF LIFE - ROM 6:3,4
    - YOU ARE NOW A NEW CREATION IN CHRIST - 2 COR 5:17
      - OLD THINGS (ALL WHO YOU WERE IN ADAM) ARE PASSED AWAY
      - NEW THINGS (ALL WHO YOU ARE IN CHRIST) HAVE BECOME (YOUR VERY BEING)
  - SINCE THE 1st DAY (SUNDAY) IS SO SIGNIFICANT TO YOU - IT IS CAUSE TO CELEBRATE & REFLECT ON THIS DAY
  - THE DISCIPLES MET ON THAT RESURRECTION SUNDAY - JN 20:19
  - THE DISCIPLES CONTINUED TO MEET ON THE 1st DAY OF THE WEEK - ACTS 20:6,7,26
  - THE CHURCH STARTED ON THE 1st DAY OF THE WEEK - ACTS 2:1-4
  - FINANCIAL GIVING (BY GRACE) WAS ON THE 1st DAY OF THE WEEK - 1 COR 16:1,2
  - THE 1st DAY OF THE WEEK IS CALLED "THE LORD'S DAY" - REV 1:10



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#### THE LORD'S DAY

- **IS THE CHURCH COMMANDED TO KEEP THE 1st DAY ?**
  - NO COMMAND IS GIVEN IN SCRIPTURE TO KEEP THE LORD'S DAY
  - THERE IS NO PRESCRIBED MANNER GIVEN TO CELEBRATE THE LORD'S DAY
  - THE EARLY CHURCH ASSEMBLED AND CONTINUED STEADFASTLY IN :
    - THE APOSTLES' DOCTRINE
    - FELLOWSHIP
    - THE BREAKING OF BREAD
    - PRAYERS
  - IF THERE WERE A WRITTEN REQUIREMENT WE WOULD MAKE IT INTO A LAW SYSTEM & NO LONGER WOULD OBSERVING THE 1st DAY BE BY GRACE
  - THE ISSUE TO YOU IS TO WALK BY FAITH BEHOLDING CHRIST  
VS KEEPING OR OBSERVING A DAY - COL 2:6,7; 2 COR 3:18
  - EVERY DAY IN OUR LIFE SHOULD BE CONSIDERED THE LORD'S DAY